REMINDERVILLE COMMUNITY CENTER

GROUP FITNESS SCHEDULE

DECEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 AM Strength Cardio Core Sarah - Yellow Room (Max #18)	8:30 AM **Beginner TRX Toni- Turf Area (Max #9)	6:00 AM Cycling Jeff- Upstairs (Max #15)	11:00 AM Senior Strength & Elite Stacey -Gym (Max #30)	6:00 AM Cycling Jeff- Upstairs (Max #15)	8:30 AM Cardio Pilates Allison- Yellow Room (Max #20)	8:15 AM Barre Allison- Yellow Room (Max #18)
4:00 PM On the Rebound Express (30min) Allison - Yellow Room (Max #10)	8:30 AM Cardio Pilates Allison- Yellow Room (Max #20)	9:30 AM **Intermediate TRX Toni- Turf Area (Max #9) (TRX HIIT Offered Every Tuesday)	5:15 PM Kettlebell Allison- Yellow Room (Max #20)	8:30 AM **Intermediate TRX Toni- Turf Area (Max #9)	9:30 AM On the Rebound Express (30min) Allison - Yellow Room (Max #10)	9:15 AM On the Rebound Express (30min) Allison - Yellow Room (Max #10)
4:45 PM Barbell Beats Allison- Yellow Room (Max #20)	9:30 AM On the Rebound Express (30min) Allison - Yellow Room (Max #10)	9:45 AM Circl' Mobility Marina -Yellow Room (Max #10)	6:00 PM Cardio Pilates Allison- Yellow Room (Max #20)	11:00 AM Senior Classic Stacey -Gym (Max #40)	9:30 AM **TRX Blast Stacey - Turf Area (Max #9)	10:00 AM Zumba Marina- Yellow Room (Max #17)
5:45 PM Core & Restore Allison - Yellow Room (Max #20)	11:00 AM Senior Classic Stacey -Gym (Max #40)	11:00 AM Aqua Fitness Allison - Pool Area (Max #20)	7:00 PM Wellness Yoga Liz - Yellow Room (Max #12)	1:00 PM Chair Yoga Liz - Yellow Room (Max #20)	11:00 AM Aqua Pilates Allison - Pool (Max #20)	11:00 AM Circl' Mobility (30min) Marina- Yellow Room (Max #10)
	11:00 AM Aqua Pilates Allison - Pool (Max #20)	12:00 PM Chair Yoga Liz - Yellow Room (Max #20)		5:00 PM Strength & Stretch Sarah - Yellow Room (Max #18)	12:00 PM Aqua Dance Allison - Pool (Max #20)	
	12:00 PM Aqua Dance Allison - Pool (Max #20)	6:00 PM Cycling John- Upstairs (Max #15)		6:00 PM Cycling John- Upstairs (Max #15)	1:00 PM Chair Yoga Liz - Yellow Room (Max #20)	
	5:00 PM Functional Fitness Sarah - Yellow Room (Max #18)	6:15 PM Circl' Mobility (30min) Marina- Yellow Room (Max #10)		6:00 PM Aqua Fit Tracey -Pool Area (Max #20)	3:30 PM Chair One Fitness Allison- Yellow Room (Max #20)	
	6:00 PM Aqua Fit Tracey -Pool Area (Max #20)	7:00 PM Zumba Marina- Yellow Room (Max #17)		6:15 PM Circl' Mobility (30min) Marina- Yellow Room (Max #10)	4:30 PM Barbell Beats Allison- Yellow Room (Max #20)	
	6:15 PM Bootcamp Katelyn- Yellow Room (Max #18)	FACILITY HOLIDAY CLOSURE FACILITY CLOSED - Christmas Eve (12/24), Christmas Day (12/25), New Year's Eve (12/31) and on New Year's Day (1/1/2027) *24/7 ACCESS AVAILABLE TO MEMBERS 18 YEARS AND OLDER		7:00 PM Zumba Marina- Yellow Room (Max #17)	6:00 PM Aqua Fit Tracey -Pool Area (Max #20)	



DECEMBER CLASS CANCELLATIONS

ALLISON CLASSES CANCELLED: (12/11), (12/13) AND (12/14), STACEY CLASSES CANCELLED: (12/14) AND (12/16),
TRACEY'S CLASSES CANCELLED: (11/27), (11/30), (12/3), (12/4), (12/11) and (12/28), AND JOHN'S CLASSES CANCELLED: (12/29)



TRX Demo Class Dates: Thursday, December 3, 2026 at 10:00am and Tuesday, December 15, 2026 at 6:00pm
Classes with (**) Must have a TRX Demo Class Before Taking the Class

Join Our Text List for Facility and Class Cancellation Updates! Text RAC to (330)-222-6834

3100 Glenwood Blvd, Reminderville, OH 44202 (234)-212-9773