



## 24/7 FITNESS AREA

# RULES AND REGULATIONS

- **Members ONLY** allowed in Fitness Area. Must be 14 or older to use any fitness equipment.
- Members ages 11-13 may use the 24/7 room **WITH** direct supervision from an **Adult Member** 18 years and older, after completing the Teen Weight Room Orientation.
- Members ages 10 and younger may **NOT** use the fitness area.
- Clean, dry, and closed toe shoes are required. Please visit the main lobby or locker rooms to change your shoes.
- Wipe equipment after each use with the provided disinfectant wipes or spray.
- Use equipment at your own risk and as intended.
- If people are waiting to use equipment, please limit your time to **30 minutes** for each piece of equipment.
- All bars should be stripped after use. **All weight plates & dumbbells should be re-racked in the appropriate place.**
- No food permitted in the Fitness Area.
- Appropriate attire is required at all times.
- Proper conduct and general behavior are expected at all times.
- Please dispose of all trash.
- The Reminderville Community Center is not responsible for any lost or stolen items.
- For emergencies, please call 911.
- Surveillance cameras are in use for your safety at all times.
- **Throwing any fitness equipment or objects against the wall are prohibited in this area.**
- Lockers are located in the main restrooms. Bring your own lock to secure your items. All locks **MUST** be removed daily.
- **Please make sure to collect all of your belongings from the locker rooms 15 minutes prior to closing time. The gray double doors in 24/7 Fitness Room will be locked.**

## 24/7 ACCESS ROOM RULES AND REGULATIONS

- You must be an active **Adult Member 18 years** and older to use the 24/7 Access Area after hours.
- **\*If you are a Member and bring in a Non-Member, your membership will be revoked without refund.\***

### Facility Hours

Monday-Friday: 5:30 AM - 8:30 PM | Saturday-Sunday: 8:00 AM - 7:00 PM

After Hours Access Available to Members 18 + Monday-Friday: 8:30 PM - 5:30 AM | Saturday-Sunday: 7:00 PM - 8:00 AM