



WEIGHT ROOM ORIENTATION CLASS

FREE, 1 HOUR CLASS TO LEARN
THE EXERCISE EQUIPMENT AT



Gain: _____

- Hands-on guidance and demonstrations of exercise equipment at the center
- Expert advice from Butler Fitness personal trainer
- Confidence in the gym

Class Schedule: _____

- **2nd Monday** of each month
11am-12pm
- **4th Wednesday** of each
month **7pm-8pm**

SIGN UP

Scan the QR code
with your phone

