



AGE POLICY

Adults 18 and Older

- Full access to the entire facility including the 24/7 area after hours.

14 - 17 Year Olds

- Full access to the entire facility during normal operating hours.
- **MAY NOT** use the 24/7 area after hours.

11-13 Year Olds

- May use the basketball courts, running track, and pool **WITH** supervision from an **Adult Member 18 years and older**. The Adult Member must be in the same area/same floor.
- May use the 24/7 room, turf area, and cycling bikes upstairs **WITH** supervision from an Adult Member 18 years and older, after completing the Teen Weight Room Orientation.
- **MAY NOT** use the 24/7 area after hours.

10 Years of Age and younger

- May use the basketball courts, running track, and pool **WITH** supervision from an Adult Member 18 years and older. The Adult Member must be in the same area/same floor.
- **MAY NOT** use the 24/7 room, turf area, and cycling bikes upstairs.
- **MAY NOT** use the 24/7 area after hours.

Program Participants

- Any aged program participant may remain in the building without an adult if they are actively engaging in an organized activity being overseen by a trainer, coach, or RAC employee. Once the activity has ended, anyone 13 years of age or younger must be accompanied by an adult in the building. ***Non-members must leave the building immediately following the conclusion of their activity regardless of age.***

Tot Express

- **Available for toilet trained children ages 2-12 that are on their parent or guardian's family membership.** Parents must have an active family membership and must remain in the building.
- Tot Express is available: Monday-Friday, 9:00am-11:00am, Monday and Wednesdays 6:00 -8:00 p.m., Tuesday and Thursdays 6:00- 7:00 p.m.
- **No Tot Express on the following holidays:** *Memorial Day, July 4th, Labor Day, Halloween, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Eve and New Year's Day.*

~RAC Management

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